

Easywhite Ready

In-office tooth whitening system

Features

- 30% Hydrogen peroxide (38% before activating)
- With and without photocatalytic activation
- Automix tips
- Neutral pH value
- Glycerine free
- Remains stable during storage
- Whitens up to 10 shades
- Starter kit (4 patients) includes 2 × 5 g Easywhite Ready, 2 × 3 g Easydam, 4 tips and 4 mixing tips



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Tooth whitening the easy way

A step-by-step visualization of tooth whitening with Easywhite Ready.

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Easywhite Ready is a two-part material for bleaching discoloured teeth. It is indicated for in-office use only. The bleach is activated by mixing two materials through the automix tips. The bleaching process can be enhanced by exposure to a light or a laser beam.

Pre-treatment

1. Clean the teeth with a suitable polish and rotary brush or prophy cup.
2. Use a suitable shade guide (e.g. Vita) to take the shade of the tooth prior to bleaching. If necessary document photographically (Figure 1).
3. Employ cheek/lip retractors or similar instruments.
4. Hold the lips away from the teeth with cotton rolls.
5. Protect the gingiva (e.g. Easydam or rubber dam) (Figure 2).
6. Protect the patient's lips with vaseline.

Bleaching

1. Press the mixing tip onto the syringe, extrude a small amount of material and discard it.
2. Apply a 1–2 mm thick coat of the material from the mixing tip directly onto the labial surfaces of the teeth to be bleached (Figure 3).
3. Alternatively, bleaching may be accelerated photocatalytically. (Please refer to the equipment manufacturer's recommendations.)

Easywhite Ready can be used in combination with the following lamps: Plasma lamps, LED lamps, halogen lamps and lasers with bleaching mode (Figure 4).

4. Position lamps with bleaching attachments approximately 2 cm from the dental arch and illuminate for the entire bleaching time. When using lamps without a bleaching attachment, illuminate each tooth approximately 5–10 s. When using a laser, please refer to the manufacturer's recommended bleaching mode.
5. From time to time (approximately every 10–15 min) use a spatula to move the material slightly on the teeth. This avoids bubbles forming which would impede wetting of the tooth surface.
6. Allow the paste to take effect for approximately 30–60 min before siphoning it off and carefully rinsing it with water spray. If the bleaching effect is not satisfactory, the process can be repeated at a later time (Figure 5).
7. Take the shade of the tooth again, possibly document photographically (Figure 6).
8. After this, remineralize with a fluoride solution or gel. In case of sensitivity, using the same procedure reduces the paralgesia considerably.



FIGURE 1 Take the shade.



FIGURE 2 Apply Easydam and light cure.



FIGURE 3 Apply Easywhite Ready onto the labial surface.



FIGURE 4 Photocatalytical acceleration if desired.



FIGURE 5 Rinse with water after 30–60 min.



FIGURE 6 Take the shade again.