

KIERO White Bleaching

Instructions for use

English

Product description:

Kiero White are gels for bleaching teeth. They include different concentrations of active ingredient. They are applied in a custom tray.

Composition:

Aqua, Urea Peroxide, Carbomer, Triethanolamine, Hydroxypropyl Methylcellulose, Xylitol, Methyl Salicylate.

Range of application:

Kiero White bleaching gels are indicated for whitening teeth. Single teeth as well as whole groups of teeth can be whitened. Discoloration is caused by:

- Medication such as Tetracycline and Minocycline.
- Fluorosis.
- Dietary-related deposits.
- Age-related changes.

Contra-indications:

Kiero White bleaching gels are contra-indicated:

- During pregnancy and the breast feeding period.
- For teenagers under 18 years of age.
- In cases known to be allergic to one of the constituents.
- On exposed cervical regions.
- On untreated primary or secondary caries.
- On crowns and bridges with open margins.

Application:

Careful patient counselling provides an important contribution to the safe application of Kiero White bleaching gels.

1. Brush teeth thoroughly and clean between the teeth with dental floss before applying Kiero White whitening gels.
2. Place a small amount of gel in the front section of the tray, i.e. that area where the teeth are to be whitened. **Caution:** Do not use too much gel. It neither leads to faster nor better results but may cause hypersensitivity
3. Slide the tray filled with gel over the teeth. Use care not to press the tray together when inserting.
4. Remove the surplus gel with a dry toothbrush or a finger. Do not swallow.
5. Wear the tray for 30 minutes a day. **Caution:** Do not eat, drink or smoke while wearing the tray.
6. Remove the tray after the treatment.
7. Clean the teeth and thoroughly rinse to remove remaining gel. Spit out – do not swallow.
8. Clean the tray with a toothbrush under running water.
9. Continue the treatment with Kiero White whitening gels until the gel is used up. The treatments result depends on the applied concentration.

Please note:

Patients should be informed specifically about the following points:

- Avoid the consumption of citrus fruits and fruit juices during the treatment since they can promote hypersensitivity.
- Avoid or reduce consumption of coffee, black tea, red wine and Coke drinks as well as smoking during the treatment to prevent the risk of discoloration.
- Exceeding the recommended amount of gel in the tray does not lead to faster results but may promote hypersensitivity.
- Should the patient have questions regarding the treatment or unpleasant hypersensitivity, he should ask the dentist.
- Existing composite fillings or crowns are not bleached or damaged during the treatment.

Precautions:

Sales exclusively to dentists. Exclusive use by the dentist. Do not swallow. It is not recommended to realize long time bleaching treatments with peroxides. The use is not recommended to regular alcohol or tobacco consumers. Do not apply in pregnant women and children. The use is not recommended after dental restorations. It is not recommended to use in patients with gingival injuries. Avoid contact with eyes. Rinse immediately if product comes into contact with them and ask a doctor.

Storage:

Store at 4 - 25° Celsius.
Protect the syringes from heat and sunlight.
Do not freeze Kiero White syringes.
Do not use after expiration date.

Presentation:

4 x 3 ml Kiero White syringes

Legend:

	Read instructions
	Batch description
	Expiry date
	Recommended storage temperature